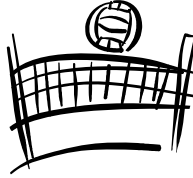


## NSU Intramurals

### Sand Volleyball



1. A match consists of the best 2 out of 3 games. All games are rally scoring, first team to 21 (You DO NOT have to win by 2.)
2. In the competition division, ball handling infractions will be enforced (No prolonged contact with the ball, no double contacts on sets.)
3. In the recreation division, ball handling will be loosely called.
4. A serve that contacts the net is legal if it stays in play in the opponents court.
5. You CAN NOT block or attack a serve.
6. NO DINKS, the ball must be directed over the net.
7. Receiving a ball with the open hand above the head is legal as long as it is solid contact and not caught.
8. You may not play the ball with any part of the body below the waist.
9. Grace Period: There will be a ten minute grace period after the scheduled starting time, provided there is at least 1 team member present at the starting time.
10. Two time outs per game.