

## **NSU Intramural Department Policies and Procedures**

### **Introduction**

The NSU Intramural sports staff welcomes you to NSU. We hope you take advantage of the activities that are provided for you. The goal of the intramural sports department is to provide an opportunity for all students and faculty/staff to participate in competitive recreational activities. This program stresses sportsmanship through friendly competition. The Intramural Department strives to appeal to all recreational tastes and levels of competitiveness. Recreational sports are a great way to alleviate the stress of academics, it's a convenient avenue to meet new people and you could possibly acquire some skills that will benefit you when you enter the work force. The NSU Recreational Sports program welcomes new ideas and activities that will enhance the quality of the program.

### **How To Get Involved**

The Intramural Department is located in Office 203 upstairs at the Fitness Center. The phone number is 456-5511 Ext. 3981. Team captains are encouraged to make an effort to drop by the Intramural office at the beginning of each semester to pick up information concerning intramurals. Your outlet for information concerning recreational sports through the season is the Intramural master board located downstairs in the Fitness Center. Located on the master board will be upcoming events, entry deadlines, game schedules, league updates and the free agent list for the current sport. Information concerning upcoming events is advertised throughout campus in many different capacities.

### **Captains Meeting**

The Intramural Department holds a mandatory captains meeting prior to almost every sport. It's imperative that captains attend this meeting. It is designed to inform the captains of policies, procedures, and general administration regarding that particular event. If a team fails to have a representative at the meeting they will receive a forfeit on their league record. The Intramural Department does not form teams. Through communication a player can either find a team to participate with, or form his/her own team. If a player is still unable to find a team to play on, that person will be placed on a free agent list that is posted on the master board, also any player that doesn't find a team to participate on is more than welcome to attend the captains meeting in order to find a team. Entry forms are to be picked up at the Intramural office and returned there as well. The allotted spaces on the roster are the maximum number of players that you may have on your team. Your roster must be finalized before your first game.

### **League Format**

The regular season schedule is based on a round robin league. Each team is placed into a division and a team should play everyone in their division one time. At the conclusion of the regular season the top teams in each division are placed into a single elimination tournament to determine a champion. One day events are drawn up into single elimination tournaments. Depending on the amount of entries in any given sport will be the final determinant on whether a league or tournament format is used.

### **Scheduling**

Each team captain will receive one game schedule for the particular league they are in. The game schedule is posted on the master board. In some sports skill level selection is provided to accommodate participants of different abilities. Proper skill level selection is a must to ensure fair play. The Intramural Department reserves the right to reclassify your skill level. Skill levels are recreation and competition.

**Eligibility**

Any student who is enrolled in credit courses for the current semester at NSU or is a faculty or staff is eligible to participate in any Intramural activity except as prohibited by the rules and regulations of university policy. Eligibility infractions brought to the attention of the Intramural department will be dealt with by the Intramural Coordinator.

**Varsity Athlete**

A varsity athlete is considered to be any student whose name is on or has been on the roster of any NSU varsity team during the current academic year. A scholarship athlete is any athlete who receives financial aid or any type of financial assistance related to sports. If a student has received an athletic scholarship or financial assistance toward a sport, that student is ineligible to participate in that Intramural sport most closely related for one Intramural season after their eligibility has expired. A varsity athlete may participate in any other Intramural activity not related to their varsity sport.

**Participation**

You may participate for one team only during any league. Once you play on a team that is your team for the remainder of the season. Rosters must be completed before the first game.

**Protest**

During the course of a contest, a team may exercise its right to protest any rule misinterpretation. The intent to protest must be made by the team captain to the head official at the time of the alleged misinterpretation takes place or the protest will not be accepted.

**Insurance**

As a comprehensive state university, NSU offers an Intramural sports program to students in a variety of activities. Some of our activities are more demanding than others. Since the participation in the Intramural program is on a volunteer basis, NSU does not accept responsibility for injuries sustained while participating in Intramural activities. Every student should have a physical examination before participating in Intramural sports. Because of applicable state law, NSU is a public corporate body and does not have liability insurance to protect Intramural participants. For the safety of all Intramural participants, the Intramural department reserves the right to restrict individuals from participating with improper footwear, personal equipment, or personal property such as jewelry, glasses, etc. or obvious injuries that might, in the opinion of the Intramural department cause further harm to the individual or others.

**Venues**

The Intramural department utilizes two different locations to handle the Intramural activities. All indoor activities take place at the Physical Fitness Center which is located at the southeast corner of the campus. Outdoor activities such as soccer, football, and softball are held at the Intramural fields which are located on the northeast corner of campus directly adjacent to the Lady Reds Softball Complex.

**Forfeit**

All teams are required to be at the scheduled court/field with the proper number of players at the scheduled game time. There will be a ten minute grace period for which to have the correct number of players ready to play. If

a team does not have any players present at game time the game will be declared a forfeit provided the opposing team has the correct number of players. If neither team has the correct number of players at the conclusion of the ten minute grace period, the game will be declared a double forfeit.

### **Conduct**

The NSU Intramural program promotes sportsmanship through recreational activities. Any student or spectator who displays unsportsmanlike conduct may forfeit their privilege to participate in the Intramural program. Unsportsmanlike conduct will be defined as improper behavior that may include verbal abuse, physical abuse, mental harassment or other acts such as obscene gestures or actions. Such conduct will be penalized by suspensions from a contest or entire activity or for the remainder of the academic year. If a participant is ejected from a contest for unsportsmanlike behavior he/she must serve a two game suspension before they are eligible to participate again. Other acts of unsportsmanlike conduct that can lead to suspension or probation are as follows: any language considered offensive or derogatory directed toward a department official, intramural participant or spectator, participant, team captain, or spectator engaging in a brawl, any extreme unsportsmanlike behavior that has not been mentioned above and is deemed unnecessary.

Team suspension-any disciplinary action against players shall directly reflect on a teams continued eligibility. The third ejection of any player or players of any team may result in the automatic suspension of the team for the remainder of that sport. Permanent team/organization suspension- Repeated displays of extreme unsportsmanlike conduct may cause an organization or team to be permanently suspended from all Intramural activities. Team supporters are considered the responsibility of the teams and or organization. Teams will be adequately warned to control their spectators. The second occurrence of spectator unsportsmanlike conduct will result in the team being penalized under the flagrant unsportsmanlike conduct rule. The third occurrence will result in the team forfeiting the contest, and the team being dropped from the league.

Probation- Unusual incidents not directly resulting in player ejections, and/or other disciplinary problems otherwise outlined will be dealt with on an individual basis. Individuals, teams, and/or organizations may be placed on probation for the remainder of the sport and or the remainder of the academic year.

