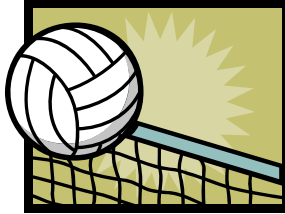


NSU Intramurals

Co-Ed Volleyball



1. A match consists of the best 2 out of 3 games. Games are played to 15 points, win by 2, or 12 minute time limit.
2. One time-out per game, any further time-outs result in a side out or point for opponent. Time-outs do not carry over.
3. Overtime is sudden death. A coin will be flipped for service.
4. No holding, lifting, scooping, pushing, or carrying the ball with one or two open hands.
5. The ball may be played with any part of the body on or above the waist.
6. Touching the net with any part of the body is a violation.
7. Stepping across the center line so that the entire foot is across the line is a violation.
8. All boundary lines are considered in.
9. The server may serve the ball from within the ten foot serving area, but may not step on or over the back line until the ball has been hit.
10. The ball hitting the net on the serve is a violation.
11. Player Rotation: The playing area is divided by the ten foot spiking line into a front court and a back court.
If you are a back court player, you always keep that status no matter where you are on the court.
12. Unsportsmanlike rule will be in effect.
13. If your team plays the ball during a volley more than once before hitting the ball over the net, a female must make a play on the ball.
14. The serve must be bumped.