



AMERICAN  
ASSOCIATION OF  
UNIVERSITY  
WOMEN

# Branching Out

## *Breaking through Barriers*

Tahlequah (OK) Branch Newsletter

November/Fall/2009

<b>President</b>	<b>Amy Aldridge Sanford</b>
<b>Program VP</b>	<b>Lela Stowers</b>
<b>Membership VP</b>	<b>Louise King</b>
<b>Treasurer</b>	<b>Linda West</b>
<b>Secretary</b>	<b>Debra Lack</b>

### NATIONAL GOOD NUTRITION MONTH

**November 19, 2009**  
**5:30 P.M.**

#### GUEST SPEAKER

**JOSHUA DAILY**

The **November 19** meeting will be at Vidalia's at 5:30 p.m.

Joshua Daily, Public Health Specialist, Cherokee County Health Department, will be the guest speaker. His focus will be on Nutrition.

The **December 17** meeting will be a Holiday Celebration and Bunko night at Jeanna Wing's home. Members are asked to bring snacks and canned goods to be donated to the Care Pantry. Guests are welcome.

Proceeds from Bunko will be donated to the Legal Advocacy

Fund. Cost to play is \$5.00 per person.

#### HOMES FOR THE HOLIDAYS

AAUW's Tour of Homes is slated for December 13 (1:30-5:00). Six homes are on the Tour.

#### Homes on the Tour are:

Betty & Dennis Vaughn  
Sue & Jerry Catron  
Pam & Dr. Charles Gosnell  
Janell & David Meigs  
Ginger Brown  
The Jack Brown House

The reception site will be at the Murrell Home.

Members will be asked to serve as hostesses for the tour. Time slots to serve at homes will be either 1:30-3:15 or 3:15-5:00. If you have a preference for a time slot or a home, please contact Jeanna Wing at 444-3742 (w) or 456-9355 (h) or [wingjc@nsuok.edu](mailto:wingjc@nsuok.edu)

Members will also be asked to provide homemade goodies for the Goodie Shoppe which will be in one of the homes.

Tickets for the tour should be available at the November 19 meeting for members to sell.

We will also have tickets to sell for a chance on an item donated by Baker's Furniture. Proceeds from the Goodie Shoppe and the donated item will go toward AAUW operating expenses.

The 2009 Limited Edition AAUW Christmas ornament designed by Irene Wickham will be for sale. This is the 8<sup>th</sup> year for the series. The price is \$12.50. Be sure to reserve yours before they are sold out.



## **Calendar**

### **NOVEMBER**

November 19th, 5:30 p.m.  
Program: Good Nutrition  
Speaker: Joshua Daily  
Place: Vidalia's

### **DECEMBER**

December 7<sup>th</sup>, 12:00 noon  
Executive Board Meeting  
Place: Vidalia's

December 13<sup>th</sup>, 1:30 – 5:00  
p.m.  
Tour of Homes

December 17<sup>th</sup>, 5:30 p.m.  
AAUW Holiday Party  
Program: LAF Bunko  
night  
Place: Wing home

### **JANUARY**

January 4<sup>th</sup>, 12:00 noon  
Executive Board Meeting  
Place: Vidalia's

January 21<sup>st</sup>, 5:30 p.m.  
Program: Eye Health Care  
Speaker: Dr. Kate Miller  
Place: Vidalia's

### **FEBRUARY**

February 1<sup>st</sup>, 12:00 noon  
Executive Board Meeting  
Place: Vidalia's

February 18, 5:30 p.m.  
Program: Native  
American Heritage Month  
Place: Vidalia's

### **MARCH**

March 1<sup>st</sup>, 12:00 noon  
Executive Board Meeting  
Place: Vidalia's

TBA- Woman To Woman  
Conference

March 25<sup>th</sup>, 5:30 p.m.  
Program: Women's  
History Place: Vidalia's

### **APRIL**

April 5<sup>th</sup>, 12:00 noon  
Executive Board Meeting  
Place: Vidalia's

April 9-11<sup>th</sup>  
AAUW State Conference  
NSU University Center

April 22<sup>nd</sup>, 5:30 p.m.  
Program: Mentoring  
Program  
Place: Vidalia's

### **MAY**

May 3<sup>rd</sup>, 12:00 noon  
Executive Board Meeting  
Place: Vidalia's

May 20<sup>th</sup>, 5:30 p.m.  
Program: Foster Care  
Place: Vidalia's

### **JUNE**

June 7<sup>th</sup>, 12:00 noon  
Executive Board Meeting  
Place: Vidalia's

June 17<sup>th</sup>, 5:30 p.m.  
Program: Pot Luck Picnic  
Place: Sara Dunlap's  
Cabin

**American Association of University Women**

1111 Sixteenth Street, N.W.  
Washington, DC 20036

AAUW website	<a href="http://www.aauw.org">http://www.aauw.org</a>
AAUW phone numbers	800-326-AAUW or (202) 785-7700
Helpline email address	<a href="mailto:helpline@aauw.org">helpline@aauw.org</a>
Fax number	202-872-1425
TDD number-hearing impaired	202-785-7777
AAUW Education Foundation	<a href="mailto:foundation@aauw.org">foundation@aauw.org</a>
Fellowships and Grants (for applicants only)	<a href="mailto:aauw@act.org">aauw@act.org</a>
AAUW Oklahoma Division	<a href="http://www.aauwoklahoma.org">http://www.aauwoklahoma.org</a>
AAUW Tahlequah Branch	<a href="http://arapaho.nsuok.edu/~aauw/">http://arapaho.nsuok.edu/~aauw/</a>

The American Association of University Women promotes equity for all women and girls, lifelong education, and positive societal change. In principle and practice AAUW values and seeks a diverse membership.

The AAUW Educational Foundation provides funds to advance education, research, and self-development for women and to foster equity and positive societal change.

The AAUW Legal Advocacy Fund provides funding and a support system for women seeking judicial redress for sex discrimination.

There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, or disability.

Email inquiries to: [wingjc@nsuok.edu](mailto:wingjc@nsuok.edu)

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*Breaking Through Barriers*

*Promoting education and equity for all women and girls.*

If you wish to receive an email copy only please email  
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